

Colorectal Cancer (CRC) in Maine

2021 STATS AND FACTS FROM THE MAINE CDC CANCER REGISTRY



706

NEW CASES IN 2021

5,854⁺

CRC SURVIVORS SINCE 2001¹

CRC CASES PER 100,000



CRC MORTALITY PER 100,000



Rate per 100,000 age-adjusted to the 2000 US standard population

CRC is the **3rd** leading cause of cancer death.

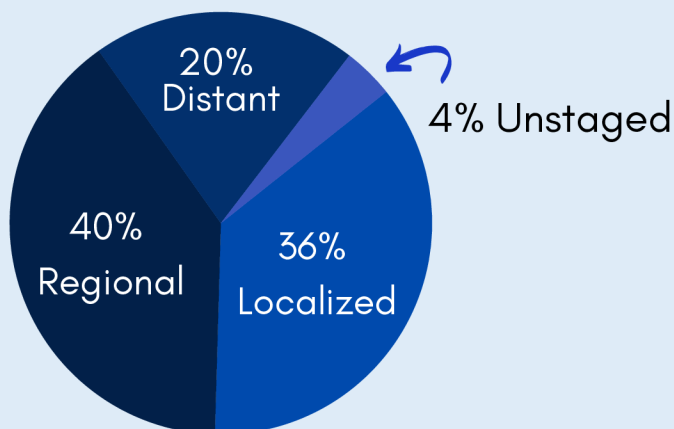
The 5-year relative survival is **67.7%**.²

Maine ranks **4th** in the US for CRC 5-year survival rate.³

Risk Factors

- Age
- Poor diet
- Obesity
- Physical inactivity
- Smoking
- Alcohol consumption

STAGE AT DIAGNOSIS DISTRIBUTION



Nearly **9 in 10**



people diagnosed at a localized stage will survive at least 5 years (vs 2 in 10 at a distant stage).⁵



45-75 years old were up to date with their CRC screening in 2022.^{4*}

1-3,5. U.S. Cancer Statistics Data Visualizations Tool.

<https://www.cdc.gov/cancer/dataviz>

4. Behavioral Risk Factor Surveillance System (BRFSS).

+ Prevalence counts are an estimate of the number of survivors on 1/1/2021 who were diagnosed between 2001-2020.

* In 2021, CRC screening recommendations changed from screening at age 50 to screening at age 45.

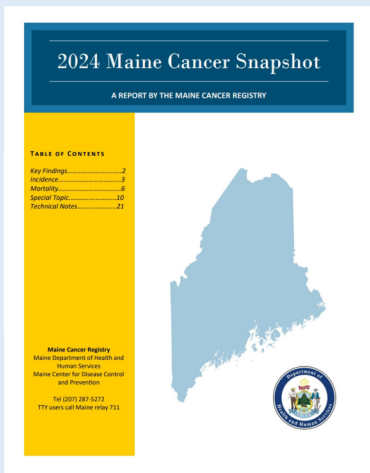
MAINE CDC CANCER REGISTRY

The MCR collects information about all newly diagnosed cancers in Maine residents to better understand cancer, identify areas in need of public health interventions, and improve cancer prevention, treatment and control.

MAINE CDC COLORECTAL CANCER CONTROL PROGRAM

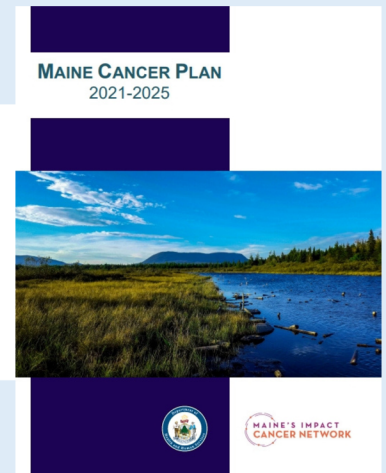
The purpose of the MCRCCP is to increase colorectal cancer screening rates among Maine residents between 45–75 years of age. Our program works with participating federally qualified health centers to use and strengthen strategies that have been shown to increase colorectal cancer screening, called evidence-based interventions.

REPORTS



← [2024 Maine Cancer Snapshot](#)

[Maine Cancer Plan 2021-2025](#) →



For more on screening options for CRC visit: [Screen Maine](#)

For more on health behaviors, chronic diseases, and social determinants of health in Maine visit: [Maine Community Health Needs Assessment](#)

Questions? Contact Colorectal Cancer Program Manager Gretchen Sminkey at Gretchen.Sminkey@maine.gov

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