

## Cancer Screening Guidelines U.S. Preventive Services Task Force

Cancer Type	Ages 21-29	Ages 30-39	Ages 40-49	Ages 50+
<b>Breast</b>	Talk to your health care provider about your risk, including family history and genetics	Talk to your health care provider about your risk, including family history and genetics	Mammogram every 2 years	Mammogram every 2 years until age 74
<b>Cervical</b>	Pap test every 3 years	Pap test every 3 years, <b>OR</b> Pap and HPV test every 5 years	Pap test every 3 years, <b>OR</b> Pap and HPV test every 5 years	Pap and HPV test every 5 years until age 65
<b>Colorectal</b>	Talk with your health care provider about your risk, including family history and genetics	Talk with your health care provider about your risk, including family history and genetics	Starting at 45, colonoscopy every 10 years <b>OR</b> stool test every 1 to 3 years	Colonoscopy every 10 years <b>OR</b> stool test every 1 to 3 years
<b>Lung</b>				CT scan for current or past smoker until age 80 Talk with your health care provider about benefits/risks
<b>Prostate</b>			Talk with your health care provider about benefits and risks of the PSA test	Talk with your health care provider about benefits and risks of the PSA test
<b>Skin</b>	Total body skin exam every year	Total body skin exam every year	Total body skin exam every year	Total body skin exam every year

